

SAATH

LOHAN

Web & Graphic Designer

CV

Mob: +91-9718021412
Email: satishlohan159@gmail.com

CAREER OBJECTIVE

To pursue a challenging career in the field of web designing by continuous learning & enhancing skills. To give the best of my performance in all my assignments.

WORK EXPERIENCE

Freelance work with My Yoga Guru and ISFM, For making Visiting card, Letter head, Banner and Brochure.

PERSONAL QUALITIES

Ability to grasp and adapt to new environments. Hardworking, Dedicated. Ready to accept new challenges & perseverance. Team work Capability, Ability to work properly under workload.

SOFTWARE SKILLS

Adobe Illustrator
Corel Draw
Adobe Photoshop
Adobe In Design

Adobe Dream Weaver CC
HTML (HTML5)
CSS (CSS3)
Adobe Flash

Java Script
jQuery
Joomla
PHP

ONLINE PROJECTS

www.myyogaguru.com
www.isfm.co.in

QUALIFICATION

10+2 from HBSE
Pursuing B.A.
Multimedia & Animation, from Arena Animation.

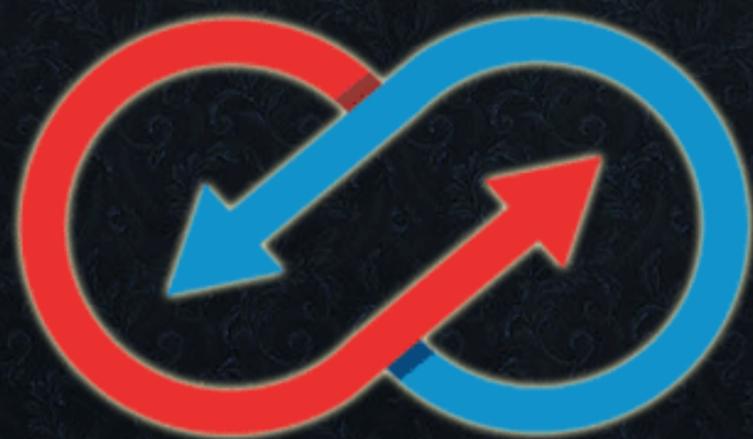
PERSONAL DETAILS

Father's Name: Sh. Jagjit Singh
D.O.B 15 September, 1995
Hobbies Playing Games, Travelling & Listening Music
Marital Status Unmarried

ILLUSTRATOR LOGO

R&H

RHYTHM & HUES STUDIOS



InfiniteExchange



Women's Heart

ILLUSTRATOR LOGO



solidsecurity



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SPOON

PLEASURE FROM EATING

ILLUSTRATOR WORK

LETTERHEAD

Satish
Graphic Designer


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Your Tagline Here

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satishlohan6@spoon.com
www.spoon.com
Ph. 9718021412

VISITING CARD


solidsecurity
your business slogan

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Graphic Designer
Mob. +8059490084

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Email : satishlohan6@solidsecurity.com
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StarSuccess
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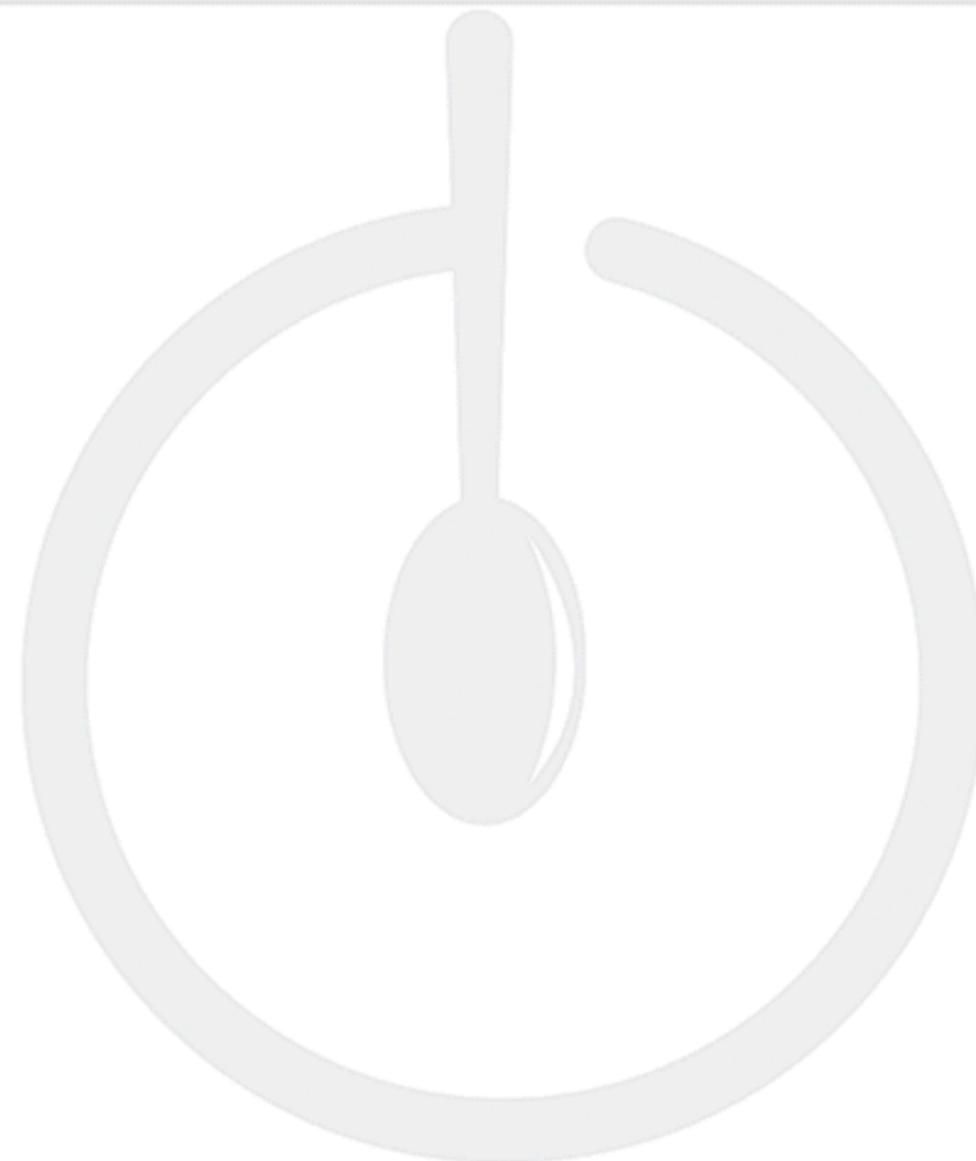
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LETTERHEAD


SPOON
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Graphic Designer



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CD LABEL



TATTOO

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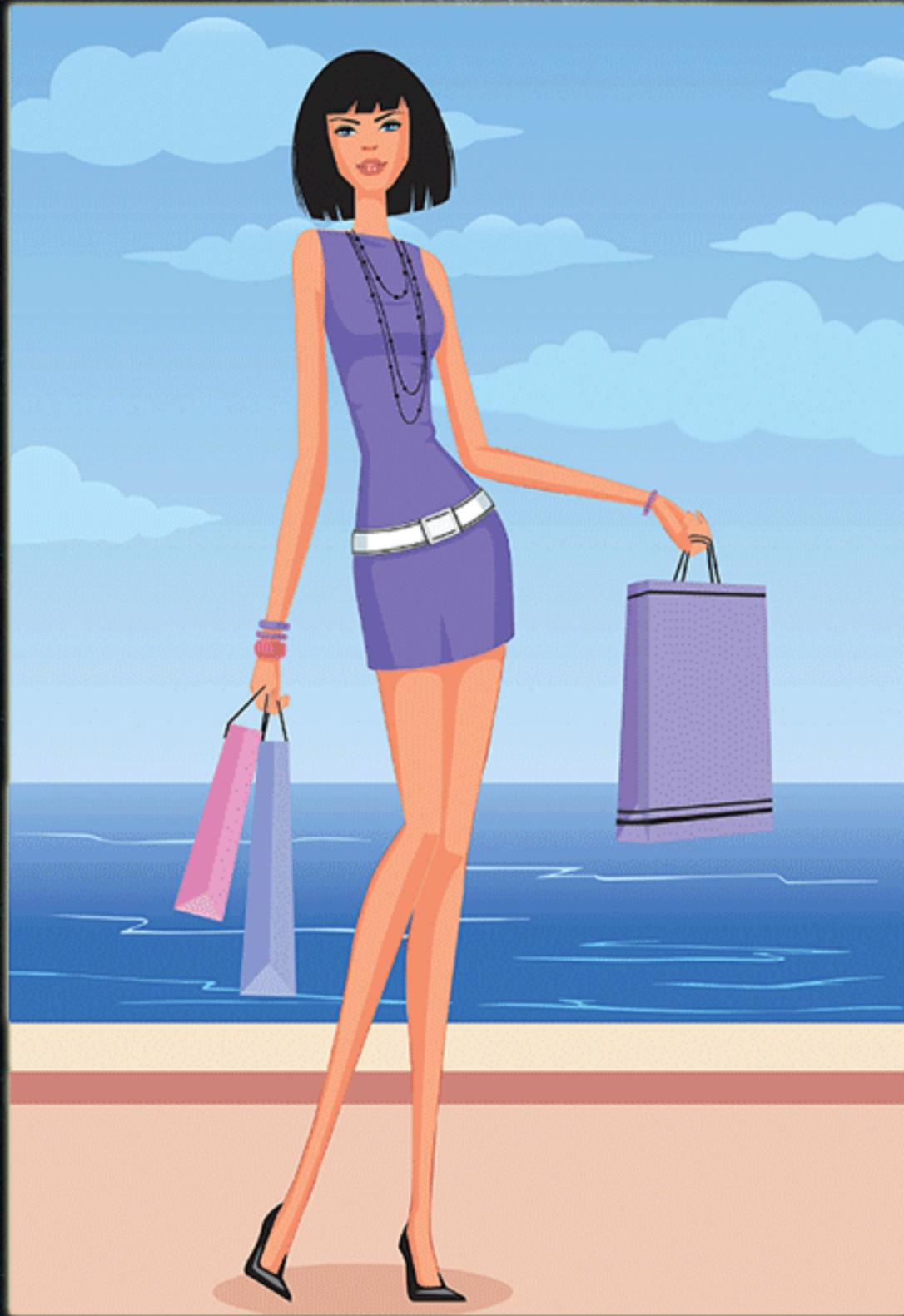
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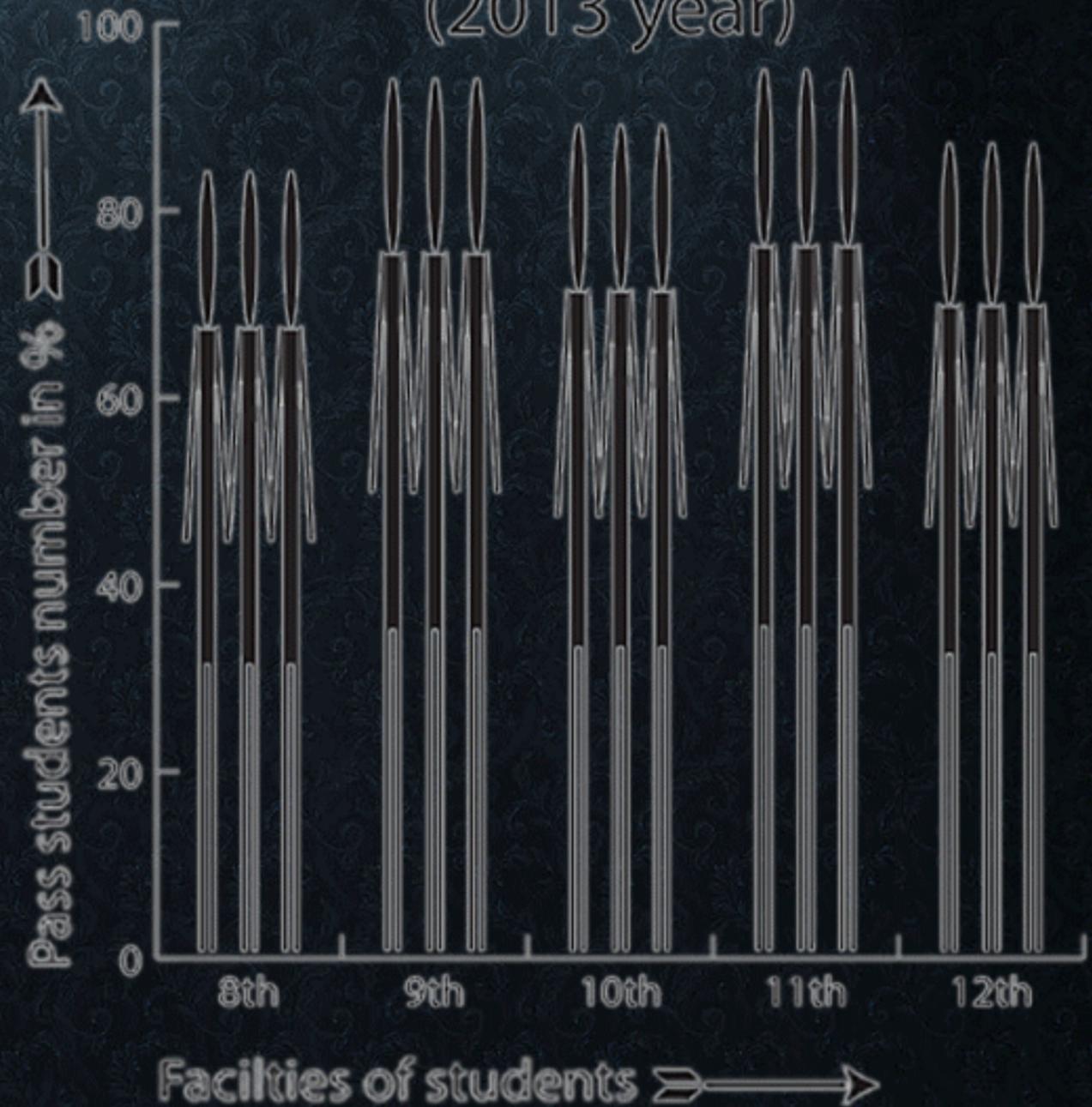
SCRIPION



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%age of pass students in
Govt.Sen.Sec.School
(2013 year)



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Internship Program Summary

On-the-job training or "internships" for university students are well recognized as a valuable preparation for future job placement. Many years ago US companies discovered that the primary benefits from an "internship program" came from reducing recruitment costs as well as selecting the right person(s) for permanent employment. UPH has initiated an Internship Program that allows qualified students - who have completed 3 years of a year bachelor degree program - the opportunity to work 4-6 months and receive 6 academic credits prior to graduation.



Career Development & Alumni Center

Bld. B / Room 101
UPH Tower
Lippo Karawaci

Phone : 021-5460901 (hunting) ext.104
Fax : 021-5460910
e-mail : Internship@uph.edu

Career Development & Alumni Center

What is an Internship program?

- An opportunity for future employees to be observed & select during a trial work period with minimum obligation to the organizations.
- An opportunity for student taking bachelor degree to obtain on-the-job training / work experience before graduation.
- A unique bridge fore university students to enter the world of work.
- A recruitment tool for employers that exceeds other methods for selecting "the right person for the right job."



Program characteristics

- Open to UHP students
- During 7th or 8th semester
- Related to major field of study
- Student contacts potential employer
- Intern directed by work supervisor
- Work performance of intern is evaluated
- Intern receives training salary
- Intern submits Final Report to Academic Supervisor

Other Benefits

- Improves university-industry cooperation
- Opportunity for employers to acquaint students with "corporate culture" and its expectations
- Open doors for interaction between university
- Introduces cooperation & exchanges between university and corporate community
- Opportunity to obtain "real-life application" to upgrade university curriculum

Why is it Important for student?

- Apply theory to real-life problems
- Learn new work attitudes & skills
- Learn team-work and cooperation
- Improves communication skills
- Improves productivity & efficiency
- Test career goals against reality
- Motivates to study & greater achievement

Attention Employers

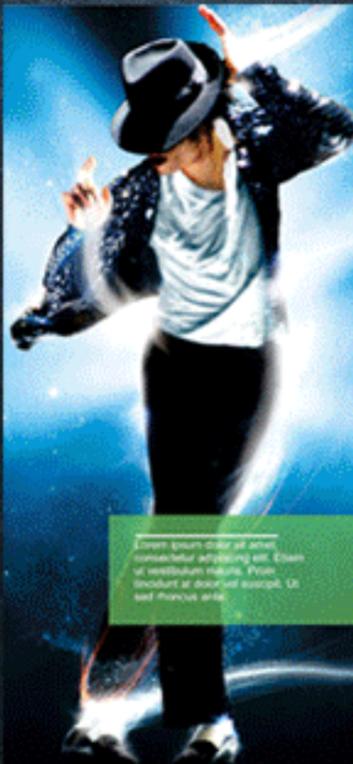
why is internship program important for employers?

- Reduces personal recruitment costs
- Reduces training time for new employees
- Ensures qualified candidates fit the job
- Provides quality short term labour
- Provides source of new skills and ideas
- Stimulates company loyalty and trust
- Promotes good relations with university
- Promotes good company image

Question & Information

What is the most common requirement to get a job?
The correct answer is "work experience". How can you obtain work experience if no one hires you?
We believe the best way to get that first job experience is through an internship! With university support, employers are more willing to risk hiring a student-intern. Don't wait too long...

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WHAT WE DO



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WORKING HARD

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FINISHING TASKS

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MAKING SURE

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About Us

Technogreen has proven a solid track record in supplying the Egyptian market with a portfolio of distinguished high-end compound fertilizers, hybrid seeds and irrigation equipments imported from the most internationally recognized vendors with dominant products in global markets aiming at filling the existing market gaps. Technogreen for Agricultural Investment: Technogreen is a grower, packer and exporter of fresh fruits and vegetables, it has two large farms with two cold stores and five pack houses. Technogreen farms are following a very strict management system as they are registered members of the EUREP-GAP scheme and have achieved the standards of the EUREP-GAP (V.0 Jan 04) Protocol, in addition, Technogreen has recently achieved the standards of the "TNC" Tesco Natures Choice (V. Oct 03 issue 2) for Table Grapes. Technogreen Particular Products: Strawberry(3), Blackberries(4), Pepper(5), Tomatos(6).



STRAWBERRY

Strawberries are the first fruit to ripen in spring and early summer. Perfectly ripe strawberries are best eaten out of hand, but they also make great additions to salads and plenty of desserts. Strawberries are the most cultivated berry in the country. They are grown in every state and are available at most farmers markets, if only for a brief time in colder climates. Nothing beats fresh, local berries. That said, most commercial strawberries in the U.S. are grown in California or Florida, where the strawberry growing season runs from January through November but peak season is April through June. Other areas of the country have shorter growing seasons that range from five-months to as short as a few weeks in the coldest areas.

BLACKBERRIES

Blackberries are native to several continents, including Asia, Europe, and North and South America, and documented human consumption was recorded more than 2,000 years ago. People have used the blackberry plant as a hedge to protect property, for medicinal uses and as a source of healthy consumption. Initial U.S. commercial blackberry production originated in the Pacific Northwest region in 1860, using plants cultivated from European domesticated species.



4



PEPPER

Pepper is ranked the third most added ingredient to recipes, with water and salt leading the race. To get basic ground black pepper, one must begin with whole peppercorns, not as commonly used nowadays, but definitely a culinary experience extraordinaire. Peppercorns are the seed berries of the *Piper nigrum* (piper being Latin for plant, and nigrum meaning black) vine, originating on the Malabar coast of India. Peppercorns are not only the oldest used spice, but also the most widely-used. Said to be found more than 4,000 years ago, peppercorns were cultivated as long ago as 1000 B.C.



5

TOMATOS

The tomato is a native of the Peru, Bolivia, and Ecuador area of the Andes Mountains. Its antiquity is uncertain in regard to cultivation but it was being cultivated prior to the arrival of the Europeans. It was not until the early 19th century that the tomato was considered suitable as a food crop in the northeastern United States. Tomatoes respond well to warm temperatures. The minimum temperature for seed germination is 10°C with a maximum temperature of 35°C and an optimum range of 17°C to 20°C.



6

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Website : www.technogreen.com

COREL DRAW WORK



January

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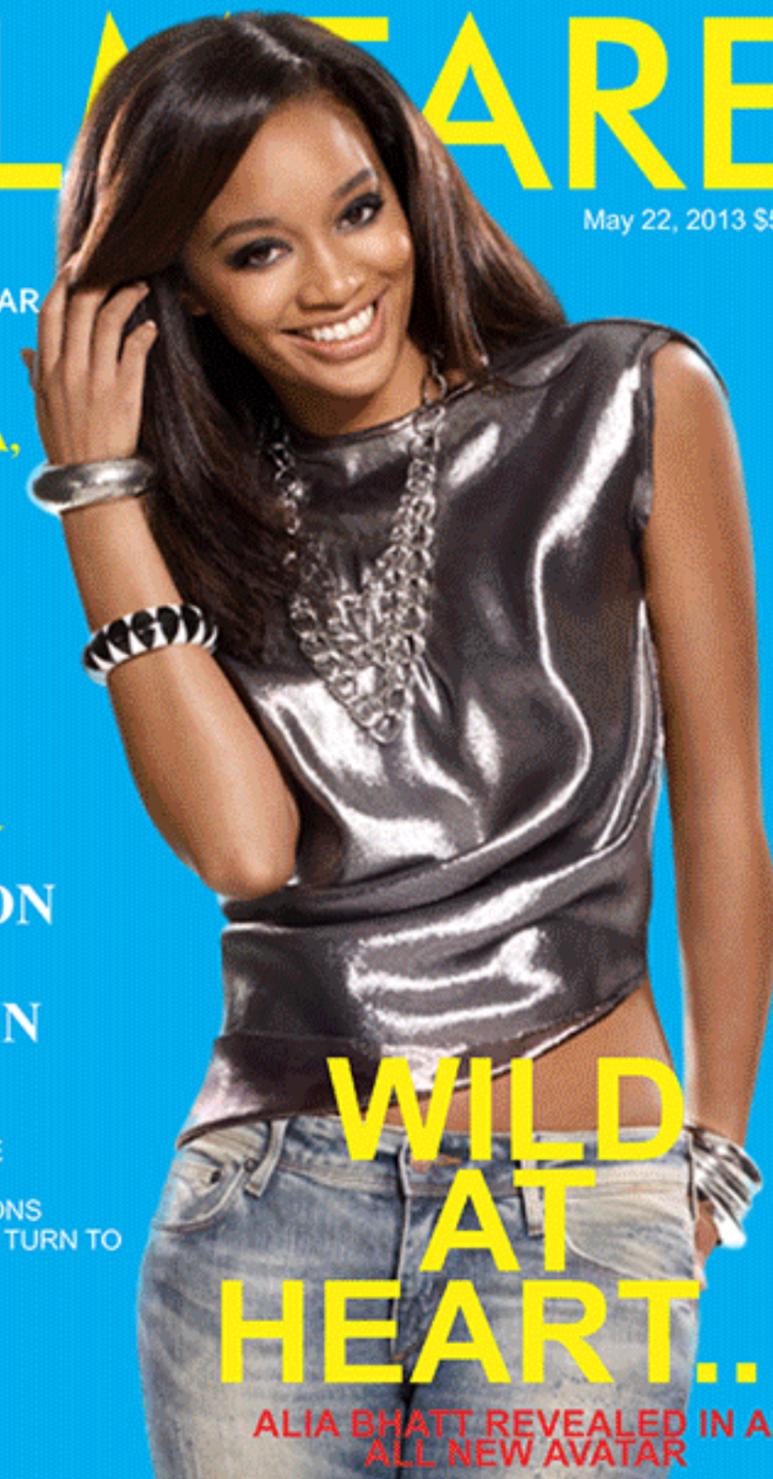
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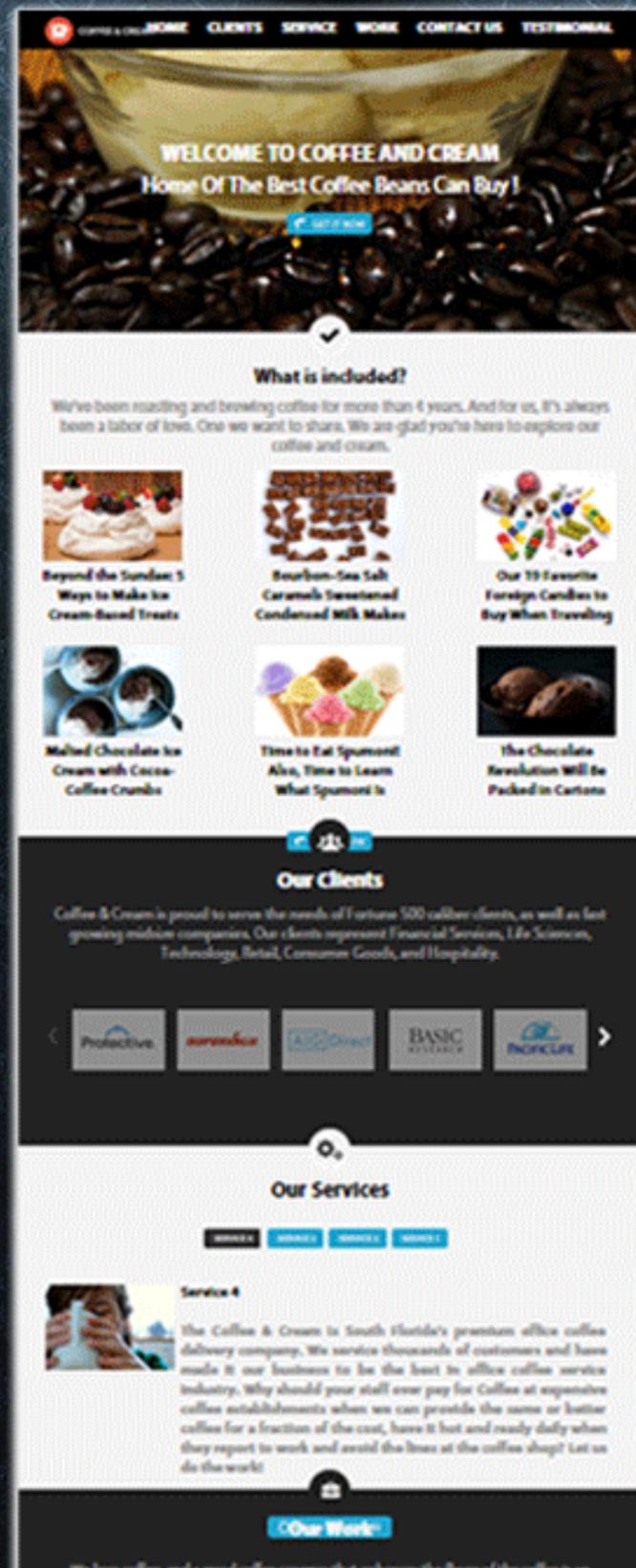
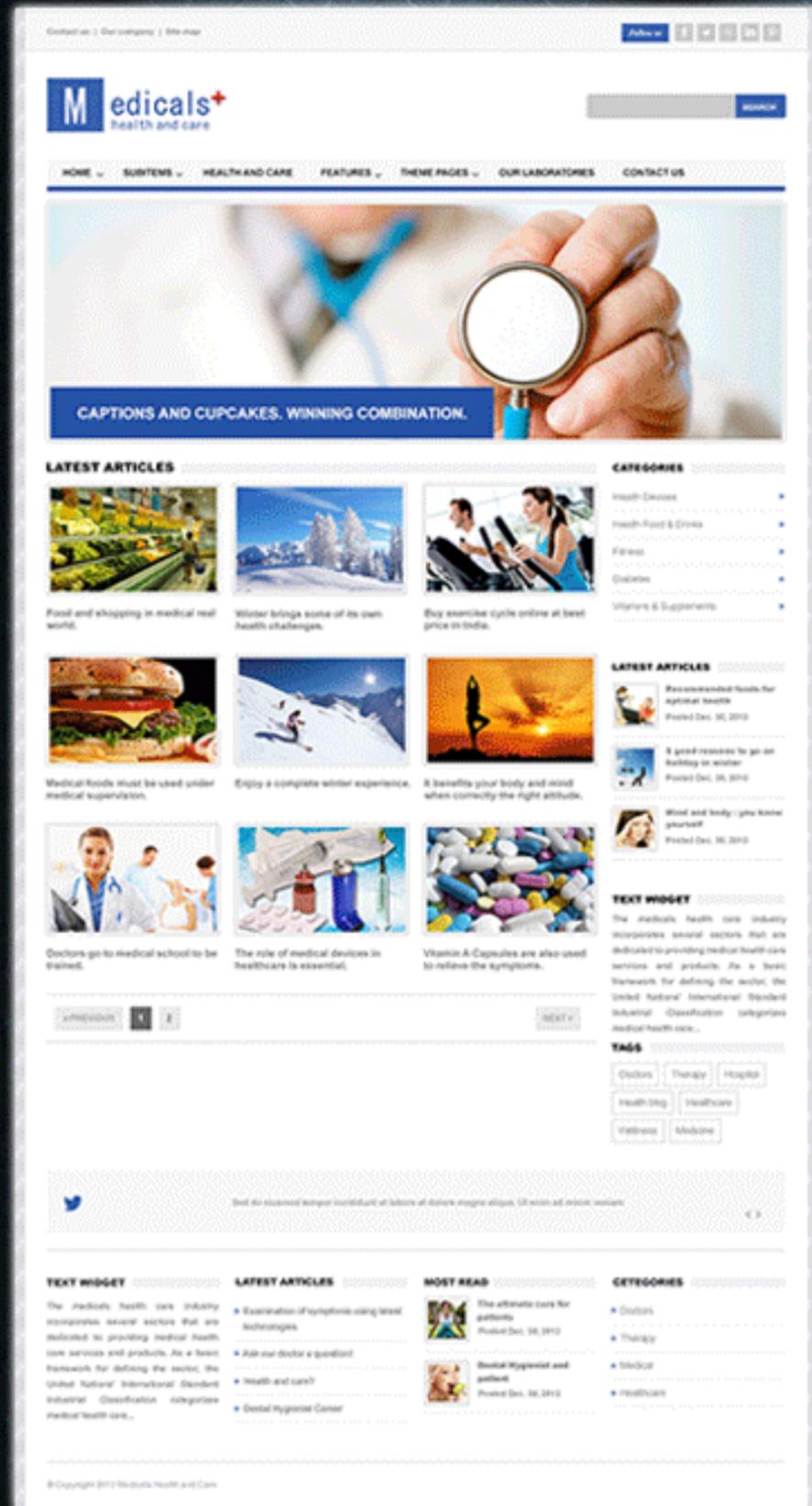
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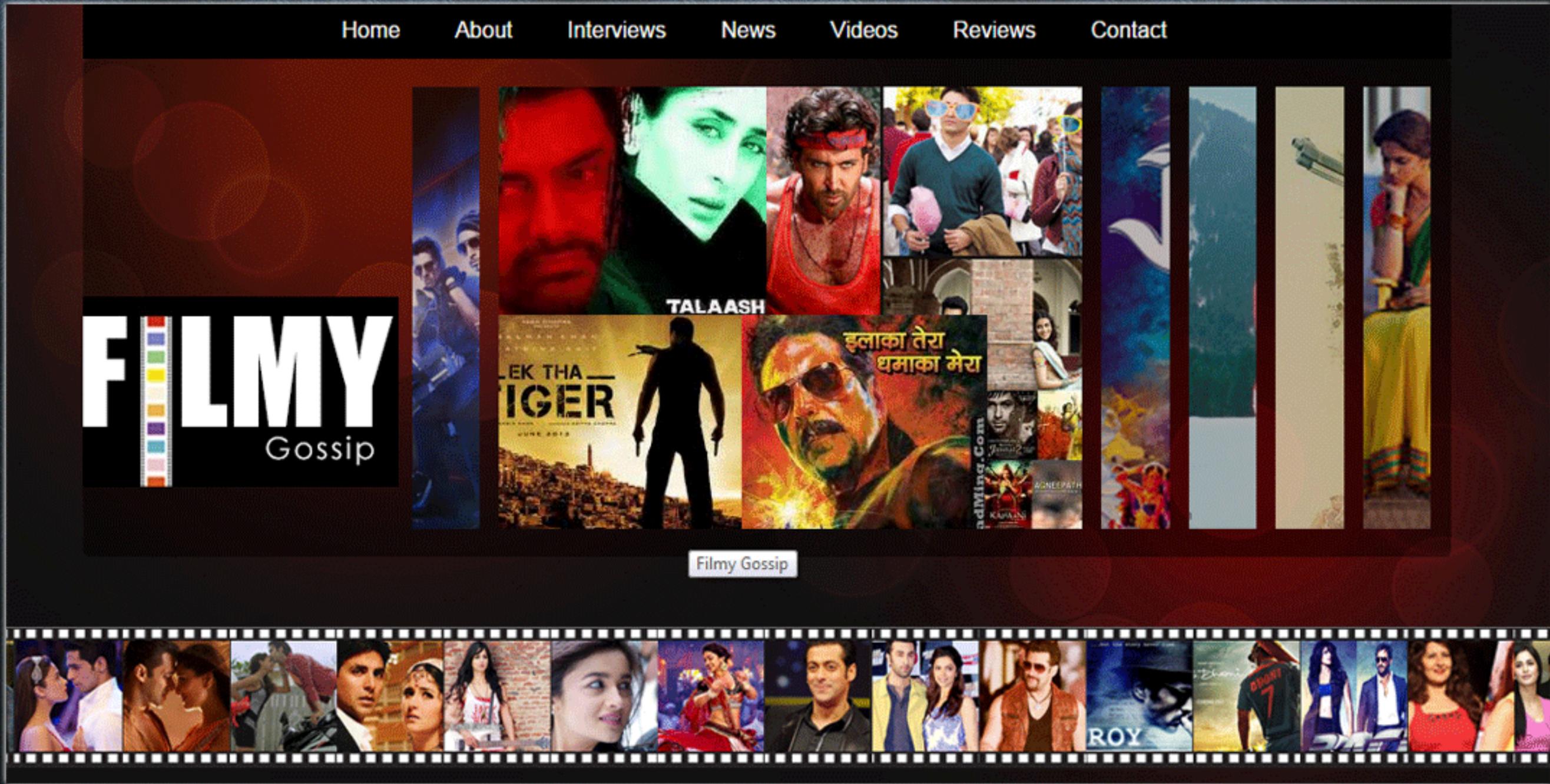
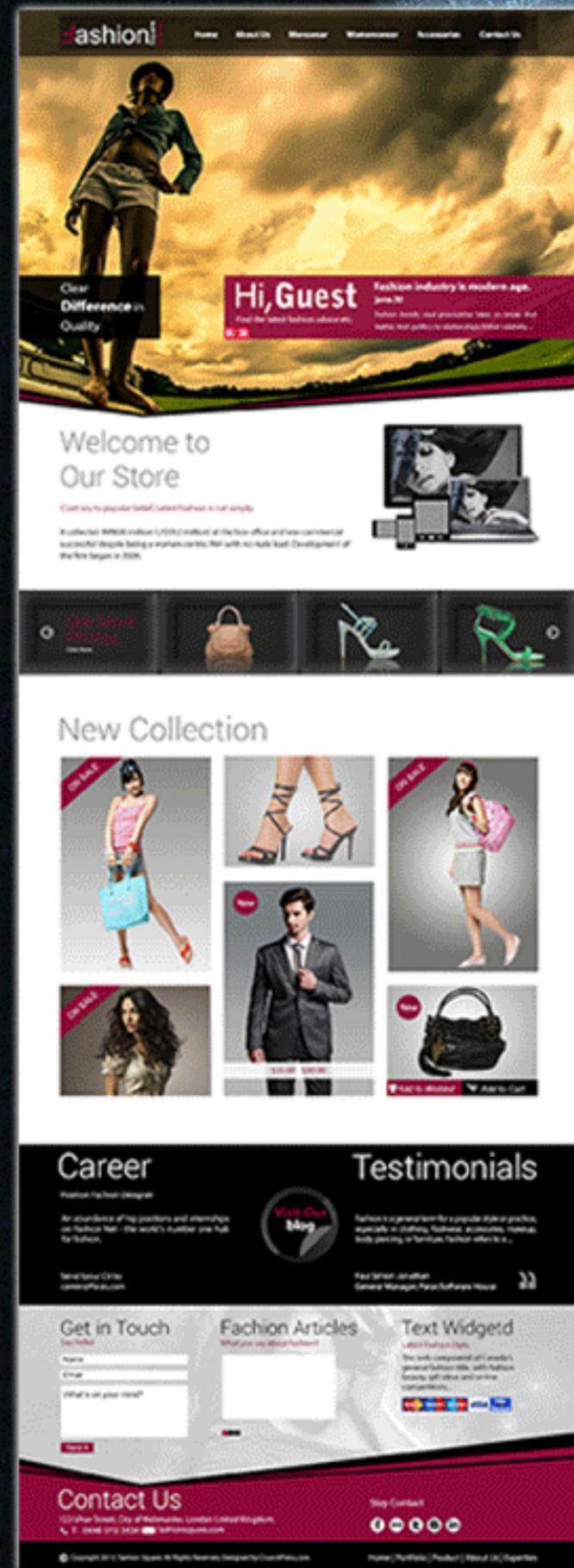
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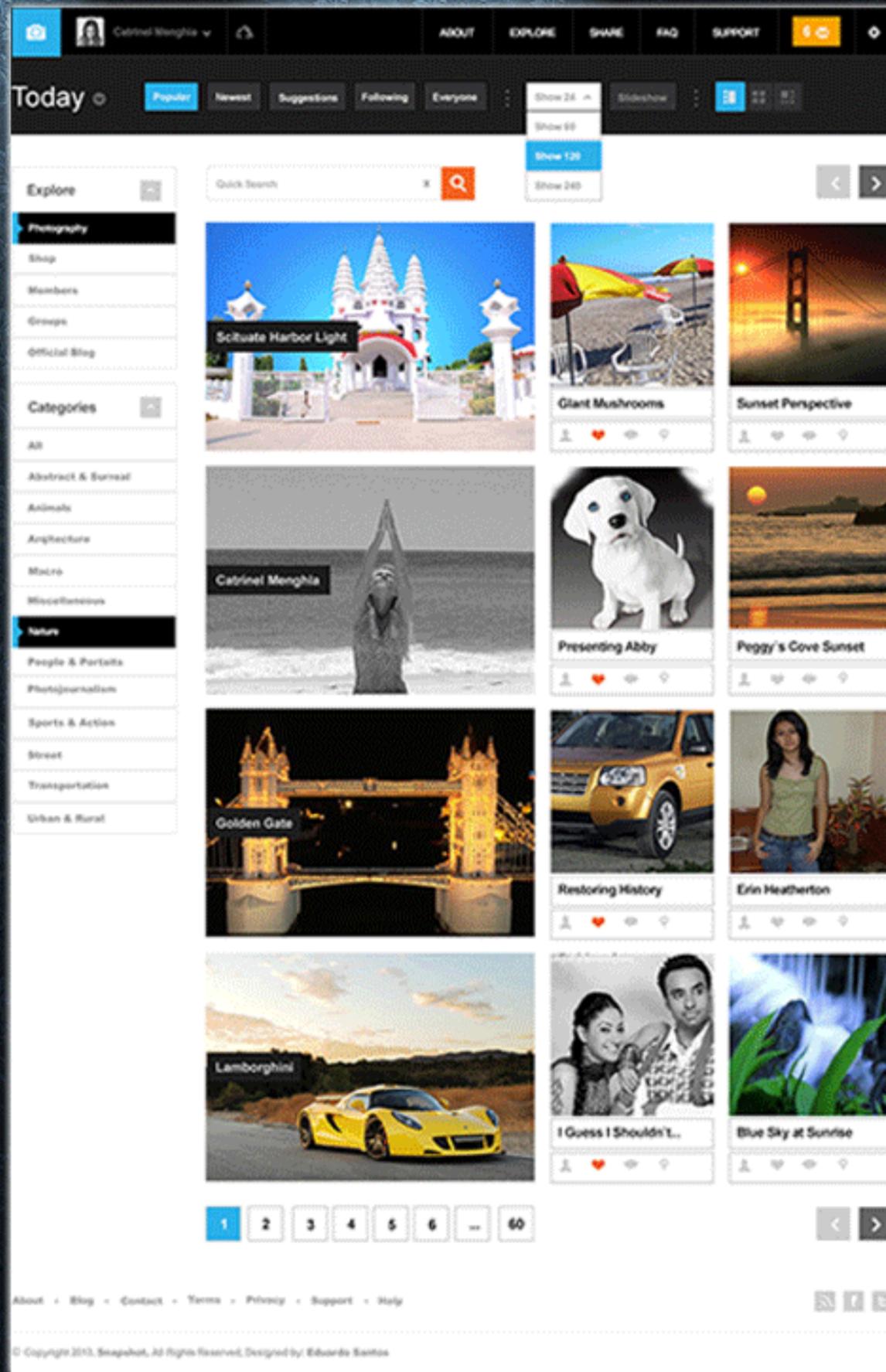
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Singapore

Singapore is one of the world's major commercial hubs, with the fourth-largest financial centre and one of the five busiest ports. In terms of purchasing power parity, Singapore has the third-highest per capita income in the world but one of the world's highest income inequalities. It places highly in international rankings with regard to education, healthcare, and economic competitiveness. Just over five million people live in Singapore, of which approximately two million are foreign-born. Singapore has developed rapidly since its independence in 1965 and is one of the Four Asian Tigers.

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PHOTOSHOP WORK

MANIPULATION



RETOUCHING



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RETOUCHING



RETOUCHING



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Dublin CA 97180

Veg. Entrees

Served with choice of rice or plain naan

Aloo Gobi.....	\$10.99
<small>Potatoes & cauliflower sautéed with ginger, garlic & freshly ground spices.</small>	
Aloo Saag.....	\$10.99
<small>Potatoes cooked in creamy spinach sauce blended with unique spices.</small>	
Dal Makhni.....	\$10.99
<small>Lentil soup cooked with fresh ginger, butter, garlic & exotic blend of herbs & spices.</small>	
Yellow Dal.....	\$10.99
<small>Yellow dal cooked with fresh ginger, butter, garlic & exotic blend of herbs & spices.</small>	
*Malai Kofta.....	\$10.99
<small>Mixed vegetables dumplings simmered in creamy tomato & onion sauce.</small>	
Bhindi Masala.....	\$10.99
<small>Okra sautéed in a special blend of fresh herbs & spices.</small>	
Navratan Korma.....	\$10.99
<small>Mixed vegetables & diced paneer cooked in a creamy tomato & onion based sauce.</small>	
Baigan Bhartha.....	\$10.99
<small>Toad-oo-roasted eggplant paired & cooked in a creamy sauce with exotic herbs & spices.</small>	
Punjabi Kadhi.....	\$10.99
<small>Lentil dumplings cooked in yogurt curry made with ginger, garlic, onions, tomatoes & spices.</small>	
*Vegetable Jalfreezi.....	\$10.99
<small>Mix veg. cooked in a garlic & ginger sauce blended with garam masala & chili powder.</small>	
Saag Paneer.....	\$10.99
<small>Paneer cooked in spinach sauce blended with unique spices.</small>	
*Shahi Paneer.....	\$10.99
<small>Paneer blended with butter, exotic spices & herbs cooked in creamy tomato based sauce.</small>	
Kadhai Paneer.....	\$10.99
<small>Paneer stir fried in a traditional kadhai with onions, bell peppers, garlic, herbs & spices.</small>	
Mutter Paneer.....	\$10.99
<small>Paneer & peas cooked in creamy tomato sauce with exotic spices.</small>	

Rice Entrees

Basmati Rice.....	\$2.250
<small>Steamed long grain basmati rice.</small>	
Vegetables Biryani.....	\$10.90
<small>Vegetables & Basmati rice seasoned with exotic herbs & spices - served with raita.</small>	
Chicken Biryani.....	\$12.90
<small>Marinated lamb, mix veg. & basmati rice seasoned with exotic spices served with raita.</small>	

Side Dishes

Lentil Soup.....	\$5.250
<small>Made with lentil, fresh ginger, butter, garlic, exotic herbs & spices.</small>	
Raita.....	\$2.250
<small>Thick yogurt sauce mixed with fresh tomatoes & onions.</small>	
Papadum.....	\$1.500
<small>Pepper crusted crispy lentil crackers roasted in a tandoor.</small>	

Desserts

Gulab Jamun.....	\$2.75
<small>Fried & fluffy balls made out of milk & dipped in a sugar syrup.</small>	
Kheer (Rice Pudding).....	\$3.50
<small>Rice pudding garnished with chopped almonds, pistachio & raisins.</small>	
Shrikhand.....	\$2.00
<small>Made with strained yogurt & sugar.</small>	
Mango Kulfi.....	\$2.50
<small>Delicious ice cream made with mango.</small>	

FLASH LOGO

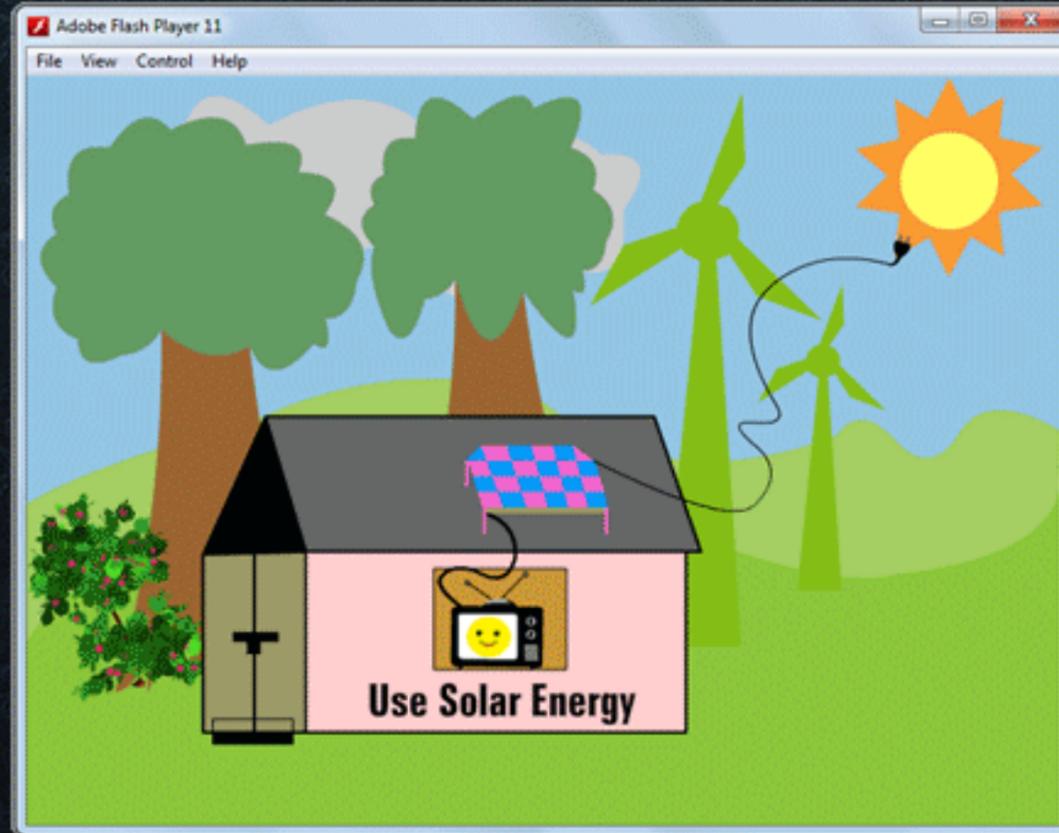


FLASH POSTER



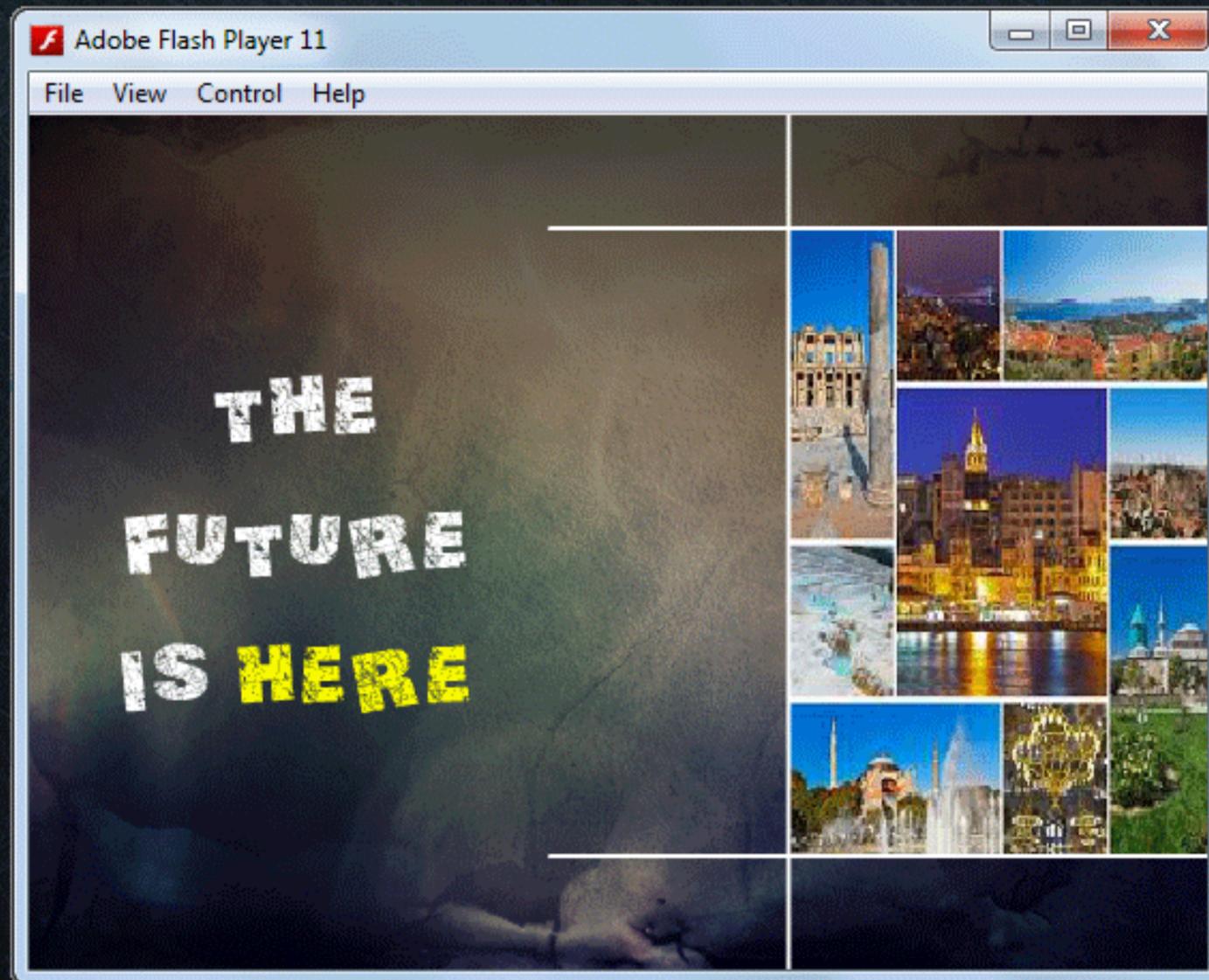
ENVIRONMENT POSTER

ENERGY POSTER

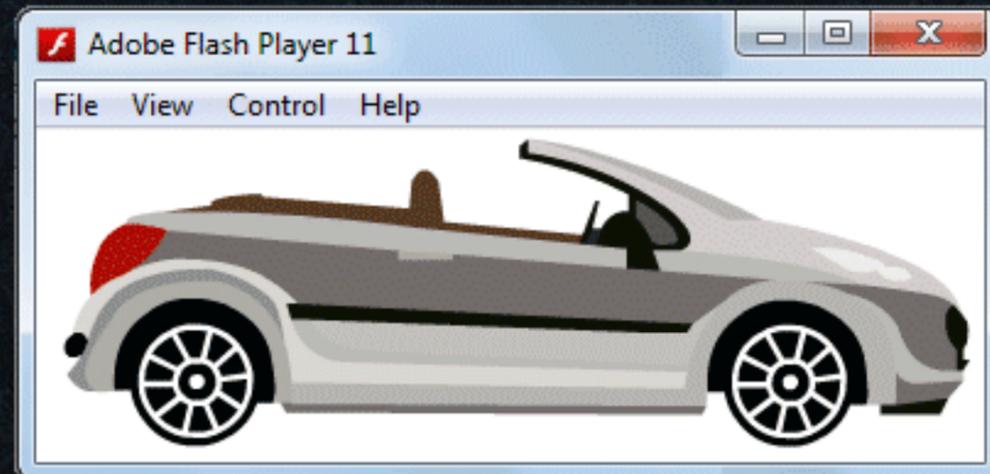
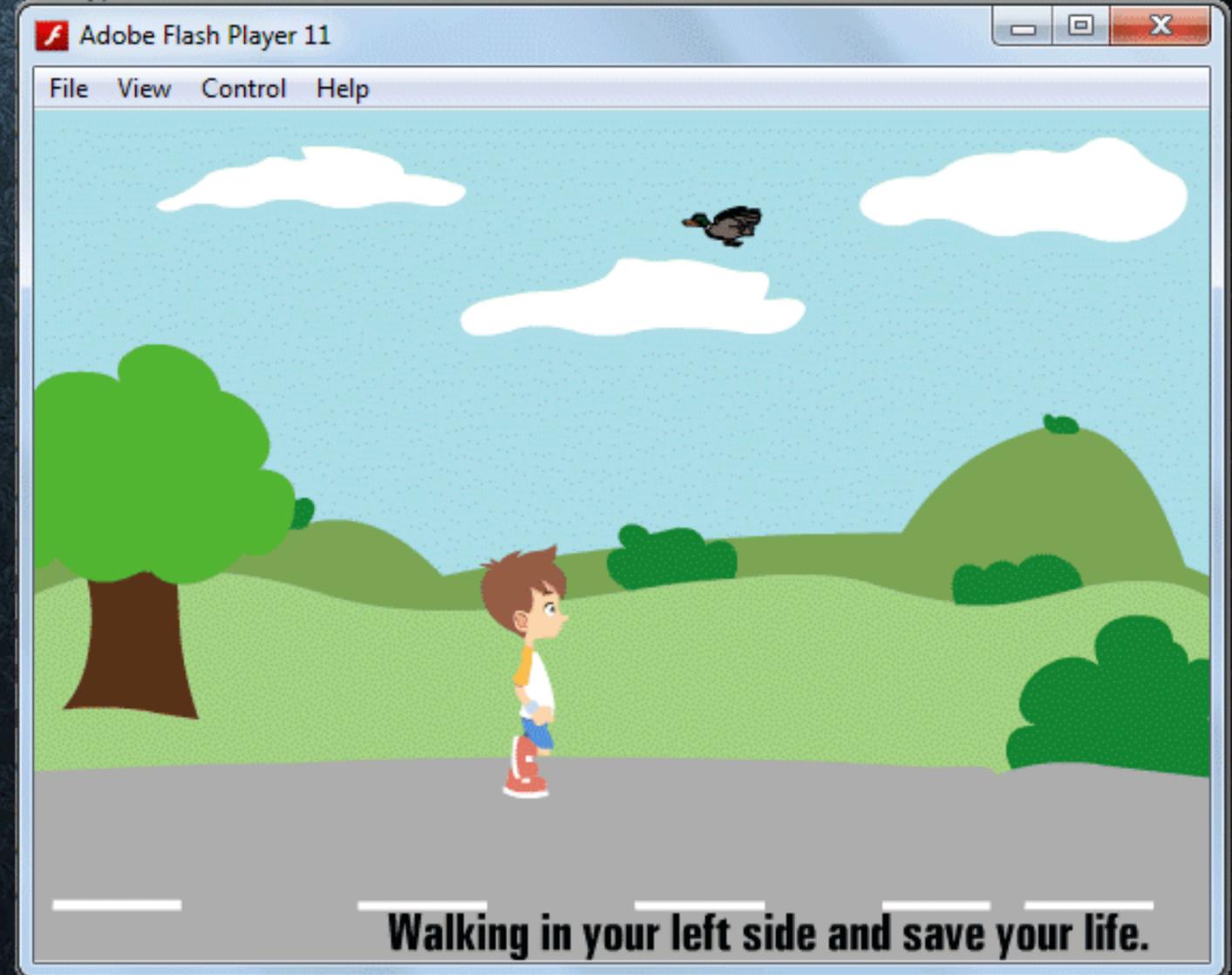
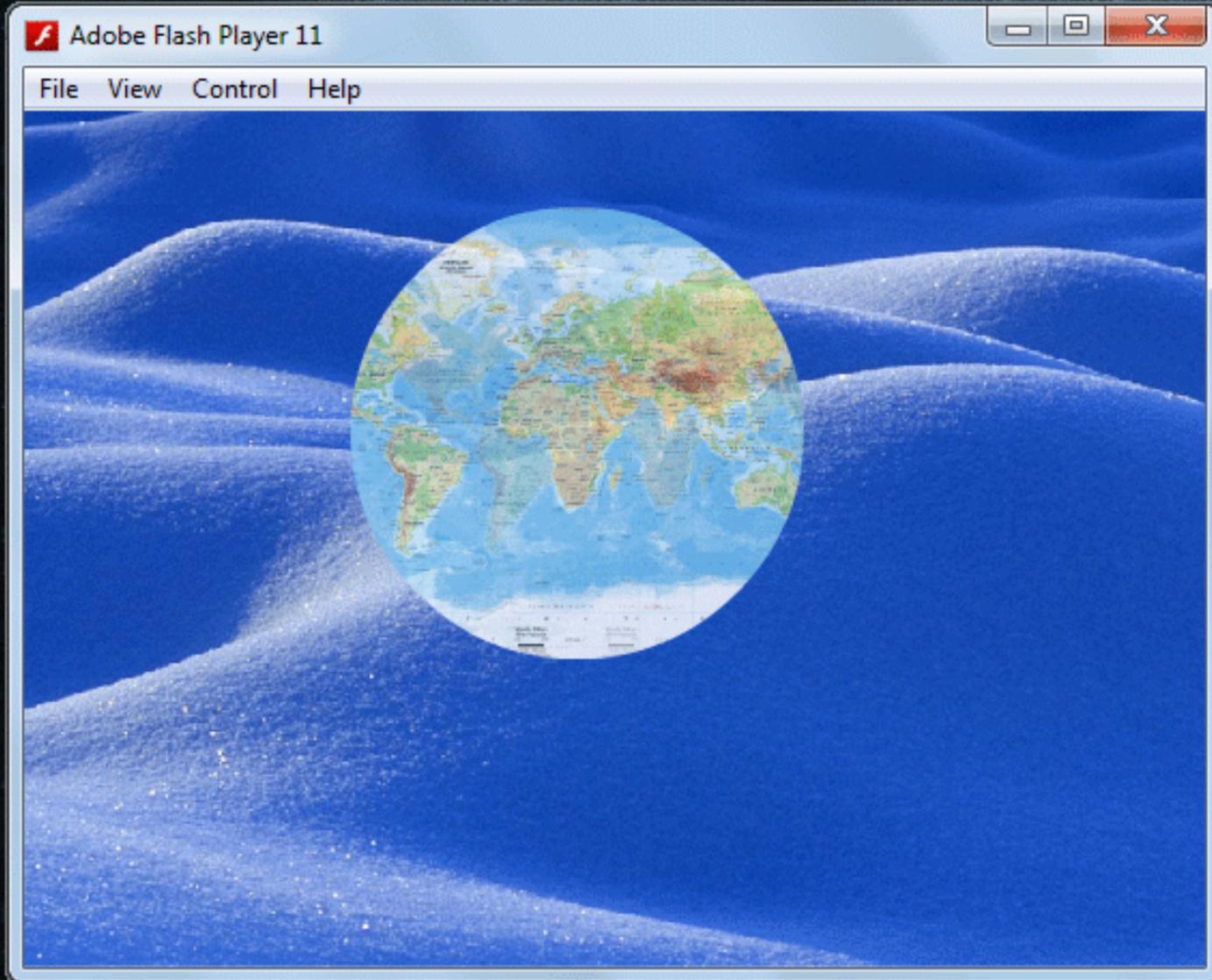


COFFEE POSTER

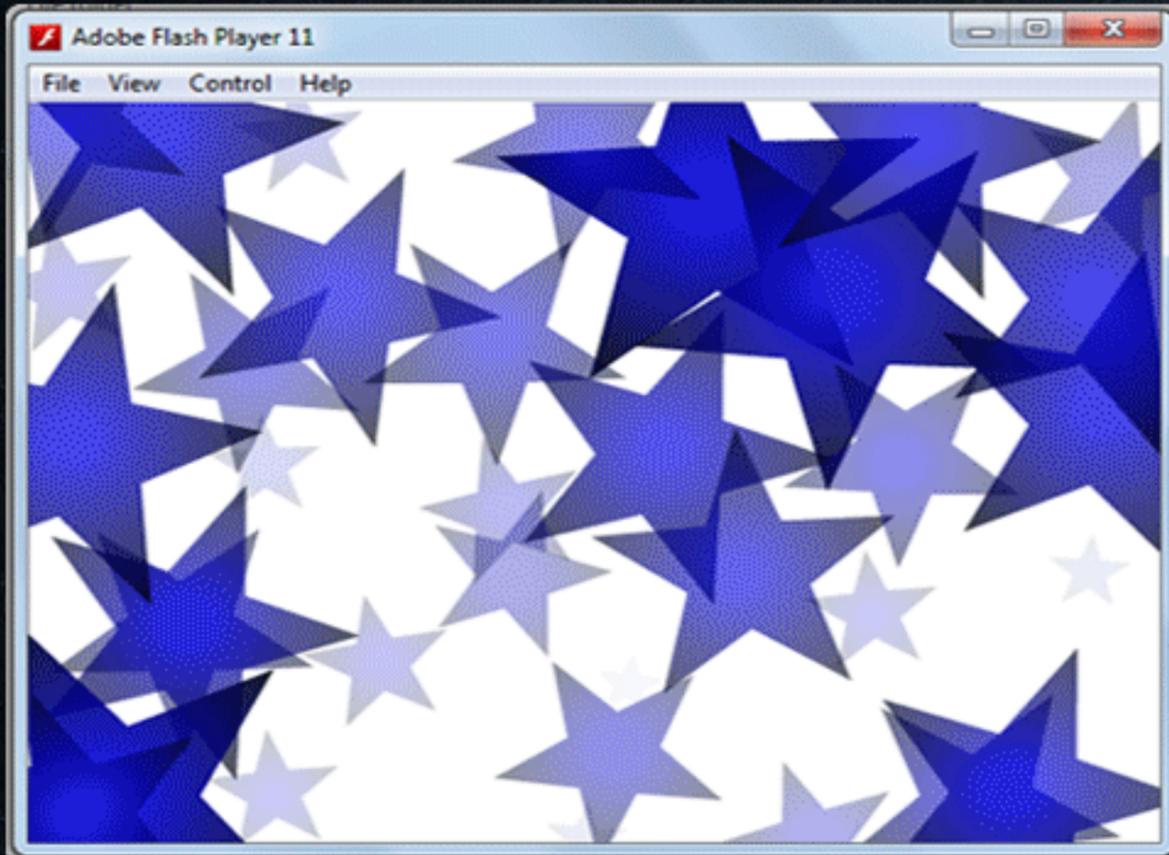
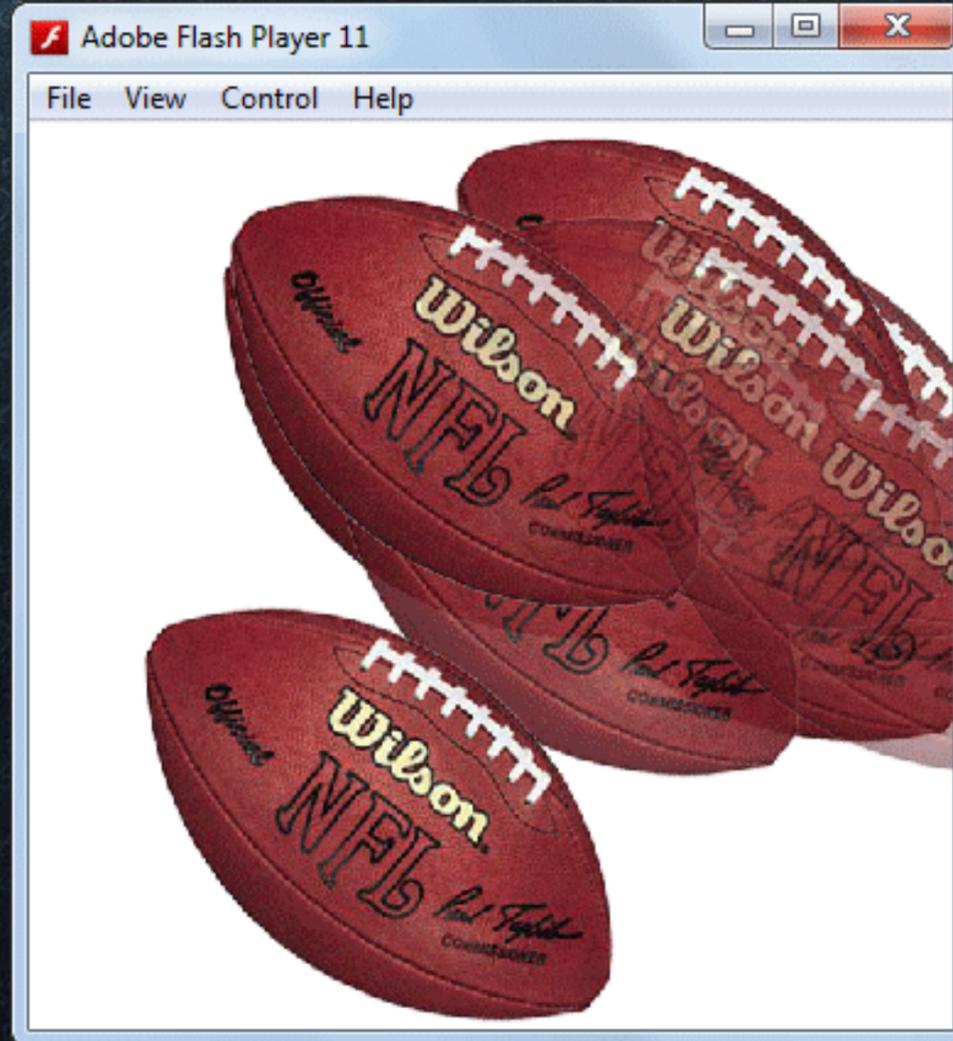
FLASH INTRO



FLASH ANIMATION



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FREELANCE WORK WITH MYG AND ISFM

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Joginder Singh | Associate Trainer
+91 9911782466

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FRONT AND REVERSE



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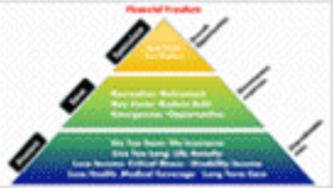
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- NSE's Certification in Fundamental Analysis
- NSE's Certification in Merger's and Acquisition
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- CFA Level 1,2,3
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BACK AND FRONT

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- Snapshots of Equity, Commodity, Currency markets.
- Understanding the different terminologies of investment in money market.
- Framework of Indian Securities market.
- Customer grievances and redressal mechanism.

Wise Investor Program

- Understanding the art of trading by using latest mode of investment.
- Market trends and technology
- Evaluation of investment product.
- How to coordinate with world market indices.
- Diversification of portfolio using different approach.
- Insight of Technical and Fundamental analysis.
- What to do and don't do in the market.

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- Potential for higher compensation
- Respect from peers, management, and clients
- Access to a distinguished global network of finance professionals
- International recognition
- Competitive advantages
- Knowledge with a global perspective

Technical Analysis



- Basic understanding of Technical and Fundamental Analysis.
- Terminology of Technical Analysis and its use.
- Depth knowledge of chart, Bar Chart, Line Chart, Candle Chart. Live case discussion Technical Analysis.
- How to use stop loss, how to select stock from list of market.
- Know support and resistance using technical approach.
- How to use Moving Average, Bollinger Band, RSI, Stochastic, RSI - Range, ADX, Ultimate Oscillator and Volume Analysis - CMF, OBV.
- Fibonacci Analysis - Practical understanding of Fibonacci retracement.
- Gap analysis of market - Common Gaps, Breakaway Gaps, Continuous Gaps etc.
- Understanding of advance candlestick pattern like: Doji, Evening star, Morning Star, Hammer etc.
- Chart Pattern - Bullish Pattern and Bearish Pattern, Head and Shoulder, Double top - Double bottom pattern, Triangles - Ascending and Descending, Cup and handle pattern, Dow and Elliott wave theory.

Advance Derivatives Program

Derivatives are very important financial instruments in today's market environment. Certified Derivatives Analyst are very important resource for Financial Institutions and Corporate. They have options to work in Banks, Investment Banker, Hedger, Funds Manager, Broking companies, Mutual Funds, Insurance, Wealth Management, KPO and BPO of International Financial Institutions, Finance or Treasury of leading Academic Institutions across sectors.

- Advance option trading strategies, Open interest.
- Pir ratio of market, long & short Roll Over.
- Exotic option-Asian, Bermuda, Barrier, Binary, Look back, Chooser, Compound option etc.

Free Financial Literacy Workshop:

Financial literacy is the ability to understand how money works in the world. How someone manages to earn or make it, how that person manages it.



It also involves intimate knowledge of financial concepts like compound interest, financial planning, the mechanics of a credit card, advantageous savings methods, consumer rights, time value of money, etc.

My Yoga Guru

360° Health Solution



About MYG:
The Founder of My Yoga Guru, Mr. Joginder Singh is having a vast experience in Yoga, pranayam, yogic exercise, meditation, acupressure & naturopathy for 12 years. It was founded by Joginder Singh in the year 2001 My Yoga Guru is continuously striving to achieve the level of excellence by imparting people with the magical powers of Yoga.

MYG team worked as a chief yoga instructor for more than 2 years in Rajat Jayanti Park Sector-4 Gurgaon and conducted many yoga workshops in MNCs, NGOs, & Corporates. Mr. Joginder Singh has been Yoga Chief for Pantanjali Yoga Pith in Gurgaon. MYG has conducted classes in Green Dales Public School, DuPont, SBI Head Office, LIC Head Office and Get Promoted. Currently handling Yoga classes in - Thomas Cook, Engineers India Limited, Yash Technology, Gold Gym, Fractal analytics and many more... MYG also specializes in organizing workshops on Stress Management, Weight Gain and Loss sessions, Diet Management etc.

What is Yoga?
Yoga is a physical, mental and spiritual practice that aims to transform the body mind and soul. Very often, yoga is only partially understood as being limited to asana (yoga poses). As such, its benefits are only perceived to be at the body level and we fail to realize the immense benefits yoga offers in uniting the body, mind and breath. When you are in harmony, the journey through life is calm, happier and prosperous.

Why Yoga?
Yoga can increase the efficiency and effectiveness of an employee at workplace. The toll of our fast paced lives can be extremely high on our physical and mental health. Stress and anxiety are known to be significant factors in the onset and progression of a wide spectrum of diseases. The goal of our program is to enable healthy and happy living naturally. It is designed to address the physical, psychological, nutritional, spiritual and social needs of a human being.

For more information :-
Mob. :- +91-9911782466
 +91-9643712466
Web. :- www.myyogaguru.com
E-mail :- joginder@myyogaguru.com
 info@myyogaguru.com
Address:- Shop No.11 Opposite main bus stand, Gurgaon-122001



Group Yoga

My Yoga Guru



Asana



Paranyam



Meditation



Yoga With Ball



*** BENEFITS OF YOGA ***

For Corporates :-

- Increased productivity
- Decreased health care premiums
- Retain manpower
- Reduced employee absenteeism
- Highest job satisfaction
- Build loyalty for employer
- More efficiency and effectiveness at job

For Employees & Individuals:-

- Reduced stress, anxiety & depression
- Increased energy and decreased fatigue
- Sharp memory and concentration
- Stronger muscles and increased flexibility
- Maintain overall health and reduced risk for critical diseases like: Cancer, Diabetes, Heart-attack etc.

My Yoga Guru Program options:-

- Classes are offered in the morning, lunch hour or after work or any other time of day that works for your office.
- Classes can be held weekend and weekly
- One time classes for special events, conferences, etc. can be booked.
- Length of classes generally range from 45 min to 90 min.
- Corporate Program mostly range from 8 to 12 weeks but you can choose longer or shorter sessions to suit your needs.
- Great for all ages, fitness levels and body types.
- Available for all groups irrespective of age
- All of our courses are customise as per client requirements.

Other types of Yoga:- Yoga field is very vast and each stream having its importance. Few important types of yoga are:-
Raj Yoga, Karma Yoga, Gyan Yoga, Kundalini Yoga, Mantra Yoga, Purna Yoga etc.

Please Note:- Yoga requirement vary from person to person, please discuss with expert before starting.

FRONT AND REVERSE

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ISFM Staffing & Training Institute

The banner features a blue background with a white and yellow arrow pointing upwards. Several grey human figures are running up the arrow, with one orange figure running faster. The ISFM logo is in the top right, and the text is in the center.



MyYogaGuru

Wishes You
Happy New Year



The banner has a green background with white and yellow decorative elements like a globe, fireworks, and a city skyline. The MyYogaGuru logo is in the top left, and the text is in the center.

FACEBOOK COVER

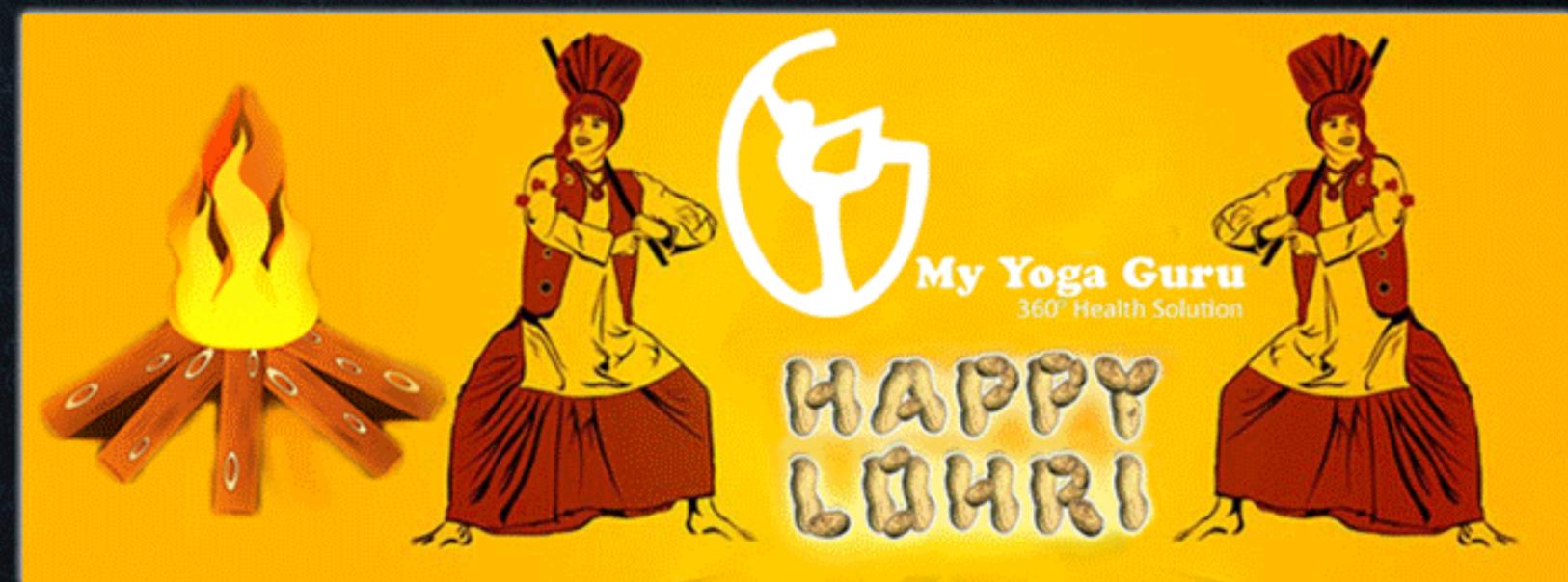


Happy
Lahri



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The banner has a brown background with a colorful bunting border at the top. It features a tree logo on the left, a fire pit in the center, and the text 'Happy Lahri' in a cursive font.



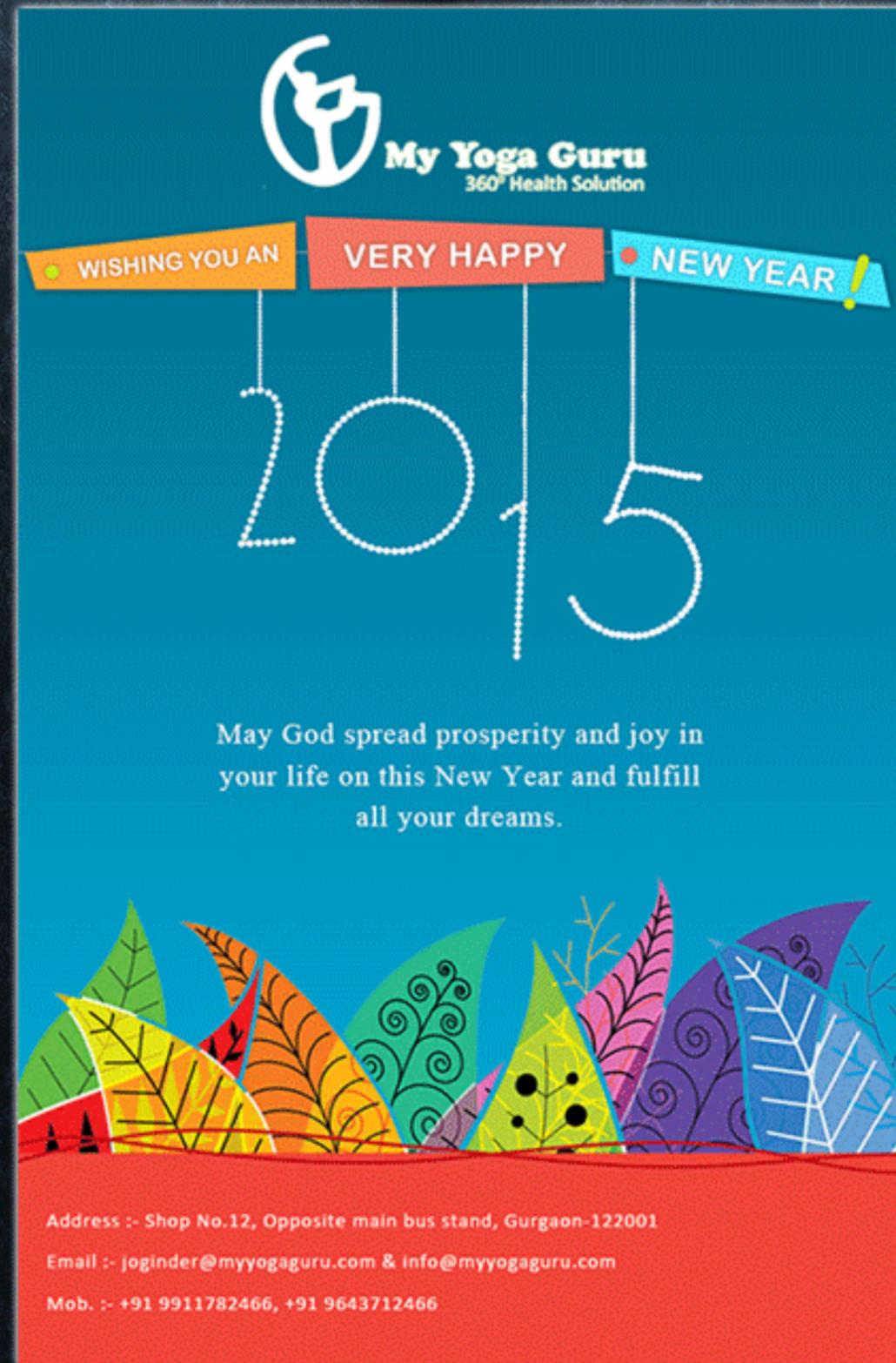
My Yoga Guru
360° Health Solution

HAPPY
LAHRI



The banner has a yellow background. It features a fire pit on the left, two women in traditional Lahri attire in the center, and the text 'My Yoga Guru 360° Health Solution' and 'HAPPY LAHRI' on the right.

FREELANCE WORK WITH MYG AND ISFM



 **My Yoga Guru**
360° Health Solution

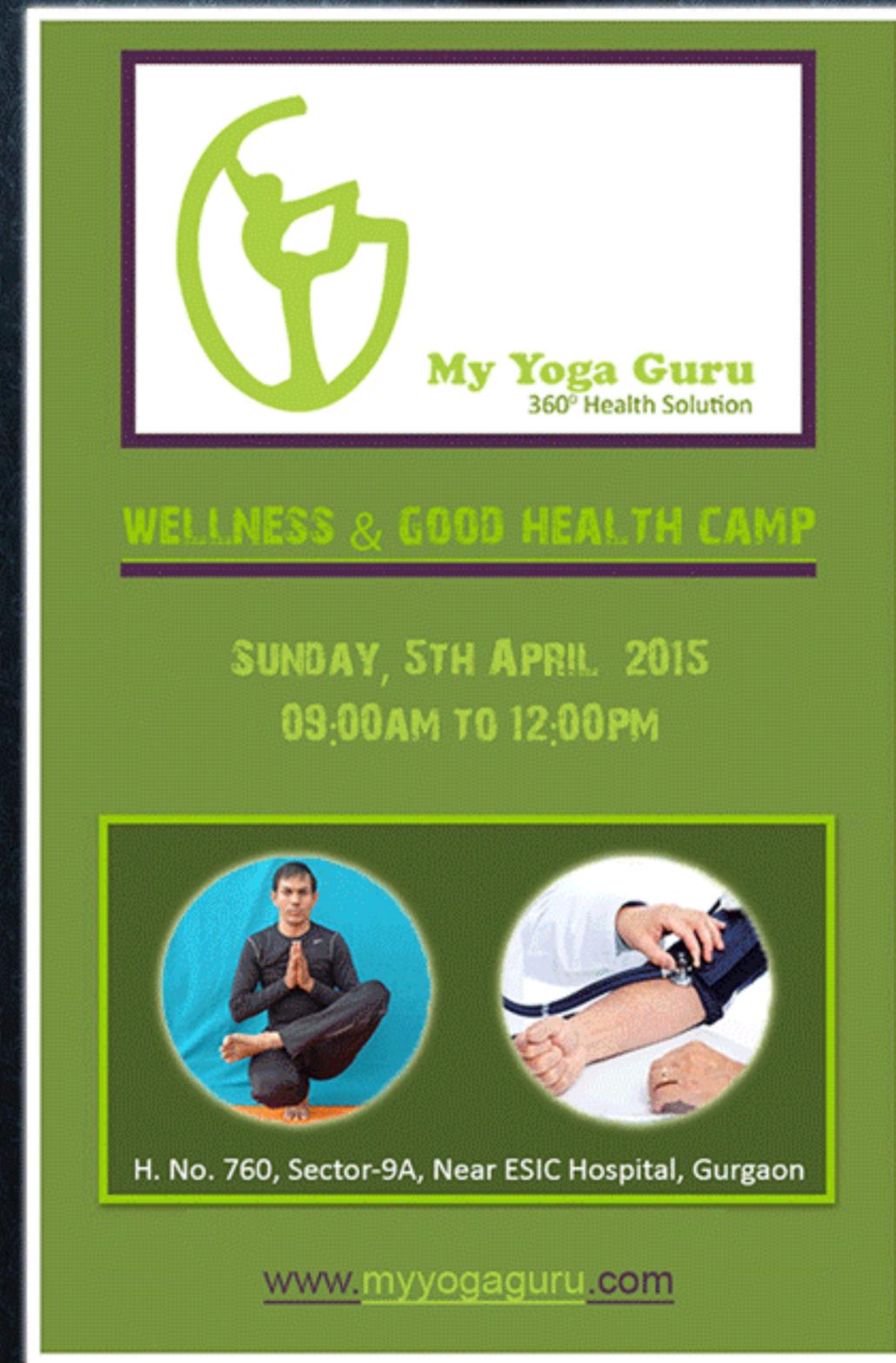
WISHING YOU AN VERY HAPPY NEW YEAR!

2015

May God spread prosperity and joy in your life on this New Year and fulfill all your dreams.



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09:00AM TO 12:00PM



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My Yoga Guru
360° Health Solution

WELLNESS & GOOD HEALTH CAMP

DATE : SUNDAY, 5TH APRIL 2015
TIME : 09:00AM TO 12:00PM



Venue : H. No. 760, Sector-9A, Near ESIC Hospital, Gurgaon

APRIL FOOL'S DAY CAMP!

Laughter Yoga sessions:
1st April 2015: 5:00-6:00 PM
2nd April 2015: 5:00-6:00 PM
3rd April 2015: 5:00-6:00 PM

DLF CYBER HUB APRIL FOOL'S DAY EVENT

THE END